# **Pantomime: Single Action**

1. **PREPARATION:** Guide students to stand in a neutral position in a personal space.

#### 2. PROMPT

- a. Prompt students: "What might it look like if you are *(specific action or task)*? You have XX seconds to experiment."
- b. Allow students 10-20 seconds to create and practice pantomimed actions (The time frame should be age responsive yet encourage quick and efficient work). Count down.
- c. Gather focus. Prompt students: "On my cue, perform your action for 5 seconds. Action." Count down.

#### 3. SIDE-COACH/VALIDATE

- a. As students perform, describe strong choices anonymously. 'I see (specific body parts) that are (specific action descriptions).'
- b. When finished, briefly assess choices and consider which Traits to challenge them to improve.
  - i. **Body:** Students engage the whole body to express an idea, character or action, varying shape, size, levels and flow to emphasize the purpose of the action
  - ii. **Imagination:** Action conveys an idea in personal and engaging ways. Students risk new ideas that clearly make use of the Body Action Traits

#### 4. REVISE

- a. Referring to the Body Traits, guide students to choose traits to improve on, extend and/or exaggerate.
- b. Repeat *Prompt* and *Validate* steps.

#### 5. **REFLECT**

- a. How else might you *compose* your body to find the most variety in your action?
- b. How might you **emphasize** important moments with your action?
- c. Where can you vary the *rhythm* to exaggerate and balance the action?
- d. How do your actions best express the *attitude* of the character?

## 6. RESPOND

- a. Guide students to share their pantomimed actions for each other.
- b. Facilitate student reflection as they share.

#### 7. REVISE

- a. Guide students to revise their pantomimed scenes based on the reflections.
- b. As desired, and repeat the process of sharing and reflection.

# **Pantomime: Sequence**

1. PREPARATION: Guide students to gather in small groups.

#### 2. PROMPT

- a. Prompt groups: "What might it look like if you are (specific action, task, character endeavor, or section of a story). You have XX seconds to discuss your idea and then XX to practice together."
- b. Allow groups 30-45 seconds to discuss an idea and then 45-90 seconds to create and rehearse their pantomimed scenes (The time frame should be age responsive yet encourage quick and efficient work). Count down.

#### 3. SIDE-COACH

- a. As they work, wander the room, encouraging and challenging groups to clearly express their action applying the Body Action Traits. How much variety can they discover?
- b. One or two times throughout the process, guide groups to simultaneously practice their work to strive for focus, clarity, and flow and can comfortably practice their creations without pause.
- 4. **PROMPT:** Gather focus. Prompt groups: "On my cue, perform your action. Action."

## 5. **VALIDATE**

- a. When finished, briefly assess choices and consider which Traits to challenge them to improve.
  - i. **Ensemble:** Students cooperate with and complement each other combining choices to make sure the prompt is thoroughly represented
  - ii. **Body:** Each student engages their whole body in a personal way to emphasize relationships and actions of characters, varying shape, space in-between and around them and flow to highlight and punctuate the characters' attitudes and text meaning and mood.
  - iii. **Imagination:** Action conveys an idea in personal and engaging ways. Students risk new ideas that clearly make use of the Body Action Traits

### 6. **REVISE**

- a. Referring to the Body Action Traits, guide students to choose traits to improve on, extend and/or exaggerate.
- b. Repeat the *Prompt*, *Side-Coach* and *Validate* steps.

#### 7. REFLECT

- a. How might you **emphasize** important moments with your action?
- b. How might you change the *rhythm* of the action to *highlight* the text's feeling or meaning?
- c. How might your group vary the *composition* to use more of the *space* above, below and around you to enhance and focus the action?
- d. How can you *balance* the action of all group members?
- e. How do your actions best express the *attitude* of the character?

#### 8. RESPOND

- a. Guide groups to share their pantomimed scenes for the whole class.
- b. Facilitate student reflection as they share.

# 9. **REVISE**

- a. Guide small groups to revise their pantomimed scenes based on the reflections.
- b. As desired, and repeat the process of sharing and reflection.